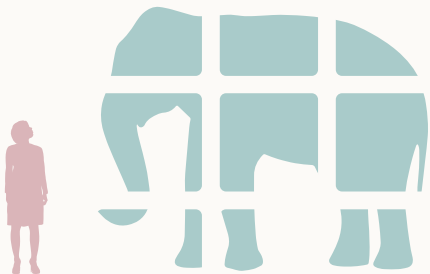


Supporting Survivors of IPV & TBI

Consider the possibility of a

Traumatic Brain Injury



Look at the whole picture,
not just a piece of it.

Provide support
for suspected TBI,
even if you are not sure.

Work to make a calm, quiet environment:

- reduce noise
- reduce visual distractions
- use soft lighting



✓ Simple tasks ✓ Shorter meetings ✓ Make lists



Ask what she understood,
not if she understood.



Keep meetings short and
simple...better to have
two meetings in one day
than one long one.



Keep tasks and to-do's
simple...ask for her to do
two or three things, not
five, and write them down
to remind her.



Encourage the use of
memory aids (calendars,
timetables, lists etc) if it
is safe to do so.

Brain Injury Coordinator/Navigators

Help people adjust to living with a
brain injury and assist them with
getting access to appropriate services



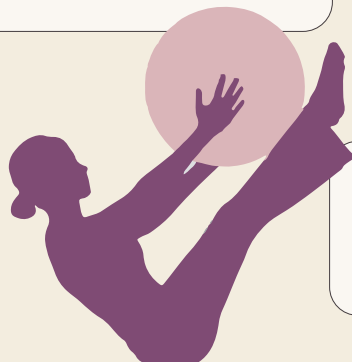
Speech Language Pathologists

Help with communication and
cognitive skills



Physical Therapists

Help to strengthen someone's
physical abilities



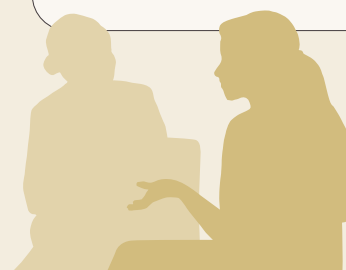
Who Can Help?

Occupational Therapists

Help with daily activities in
the home or workplace

Social Workers

Provide counselling and
therapy along with practical
assistance with problem solving
and information gathering



For more information please visit the Abused & Brain Injured Toolkit at abitoolkit.ca