

The Intersection of Brain Injury & Intimate Partner Violence



1 in 3 women

will experience physical violence from an intimate partner during their lifetime



up to **92%** of violent encounters

include hits to the head, face, and neck, including strangulation

AS A RESULT,



up to **75%** of survivors of Intimate Partner Violence have possible brain injuries

How you get a brain injury from IPV



Being hit in the head or face by a hand, fist, or other hard object



Being shaken



Having your oxygen or blood supply stopped by strangulation or choking



Being thrown up or down against a hard object



You do not need to lose consciousness to have a brain injury

Impact on Survivors

Difficulty remembering things like important dates or events, appointments, tasks, or where you put things

Trouble telling police, doctors, or lawyers what happened to you

Difficulty sleeping or feeling rested after sleeping

Hard to concentrate on conversations or tasks that you need to complete

Feeling like a stranger to yourself, highly emotional, irritable, or just 'not right'



What can you do if you suspect a BI?

- ✓ Go to a local Brain Injury Association for help
- ✓ Seek medical care when it is safe to do so
- ✓ Speak with local IPV support professionals and ask them about TBI



For more information please visit the Abused & Brain Injured Toolkit at abutoolkit.ca