**Employment Support for IPV/TBI Survivors** 

# Dream Big Gwant To seek of



To seek out a job they actually want, versus falling back into the familiar. They struggle to dream big, to believe that they can actually go to college."





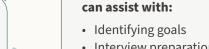
### **Employment Organizations** can assist with:

- Identifying appropriate jobs
- · Skills matching
- · Resume writing



## **Disability Advocacy** Organizations can assist with:

- · Accommodation rights
- Available support options
- Local employment options



 Interview preparation and role play

**IPV Support Organizations** 

Emotional support

# Strength in Resilience

### **Be Proactive**

- · Know your strengths and challenges
- Provide your employer with solutions to help you succeed

# KEEPING

# Some of the same qualities that make a person a survivor are qualities that an employer would

want. The resiliency, the strengths women have demonstrated through their survival are things that make them the best employees."

# **EMPLOYMENT**

# **Safety Planning**

- · Identify areas of risk
- Suggest ways your employer can help

### **Ask for Accommodation**

- · Know about your rights and responsibilities
- · Identify areas of challenge
- Ask for specific accommodations

## Make a Disclosure Plan

- Who do you need to tell?
- What supports do you need?
- How can they help?



